

# Carolyn Cass Lorente, Ph.D., LCPC

Developmental psychologist, licensed clinical professional counselor, professor, consultant, author, and program evaluator.

## PROFESSIONAL FOCUS

- Developmental psychology
- Licensed clinical counseling
- Positive youth development
- Prevention science
- Program evaluation
- Community mental health

## EDUCATION

### Ph.D., Psychology

Florida International University, 2000

### M.A., Psychology

Florida International University, 1997

### B.S., Merchandising Management and Marketing

Michigan State University, 1987

### LCPC Coursework

Loyola University and University of Baltimore

## CONTACT

For speaking, media, clinical, or book-related inquiries, use the contact form on this site.

[Open contact form](#)

## PROFESSIONAL PROFILE

Carolyn Cass Lorente is a developmental psychologist and licensed clinical professional counselor. Her clinical, academic, and community roles have centered on identity, intimacy, adolescent and emerging adult development, relationship health, prevention programming, and access to care.

## CLINICAL EXPERIENCE

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### **Owner, Consultant, and Licensed Clinical Professional Counselor**

**2006-present**

Belle Point Wellness

- Provides psychotherapy, developmental consultation, and group guidance.
  - Develops psychosocial groups and trains peer and adult facilitators.
  - Consults on prevention, wellness, and positive youth development programs.
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### **Psychotherapy Graduate Intern**

**2021**

Metropolitan Behavioral Health Services

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### **Associate Psychologist**

**2009-2011**

Montgomery County Department of Health and Human Services, Office of Addiction Services

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### **Director of Adolescent Individual and Group Guidance Programs**

**1996-1999**

Academy for Community Education

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## ACADEMIC EXPERIENCE

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### **Professorial Lecturer in Professional Psychology**

**2023-present**

George Washington University

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### **Professor of Psychology**

**2010-2023**

Northern Virginia Community College, Alexandria Campus

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### **Board Member and Former Director**

**2012-2025**

Jean Braden Center for Women, Gender, and Social Equity

## **SELECTED PUBLICATIONS AND SCHOLARSHIP**

- *Successful Prevention and Youth Development Programs: Across Borders.*
- Family-based prevention programs: clinical and research considerations.
- Work on identity development, intimacy, positive youth development, prevention science, and community-based intervention.
- Research and teaching materials on relationship-building, applied developmental science, and program evaluation.

**[View Google Scholar profile](#)**

## **SKILLS, TRAINING, AND AFFILIATIONS**

### **Clinical and Teaching Skills**

- Licensed clinical professional counseling
- Mental Health First Aid
- Trauma-informed classroom and campus practices
- Group facilitation and facilitator training

### **Professional Areas**

- Prevention and intervention design
- Program evaluation
- Community wellness and access-to-care work
- Academic teaching and curriculum development

## **REFERENCES**

Professional references are available on request.